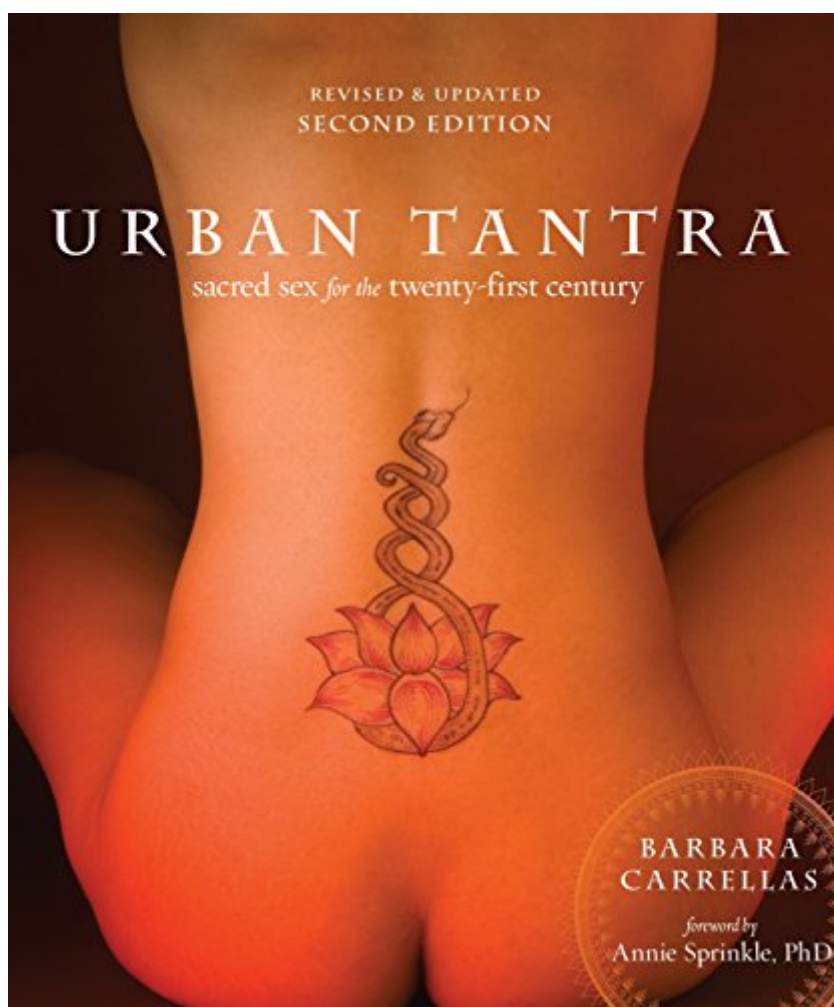


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Urban Tantra, Second Edition: Sacred Sex For The Twenty-First Century



Synopsis

If you think sexual and spiritual bliss can't be found in today's fast-paced world, you haven't experienced Urban Tantra. Celebrating the 10th anniversary of *Urban Tantra*, acclaimed sex educator Barbara Carrellas radically updates the ancient practice of Tantra for modern sexual explorers desiring to discover new frontiers. With a juicy mix of erotic how-to and heart-centered spiritual wisdom, this updated edition includes a brand-new introduction, up-to-date references and resources, a new take on the possibilities and responsibilities of Tantra in today's world, plus new and cutting-edge information to reach an expanded community—added information on multi-partner play, more intersections for Tantra and BDSM, practices for asexuals and aromantics, expanded practices for trans and gender nonconforming people, and more. With more than one hundred easy-to-follow techniques for expanded orgasmic states and solo and partner play (as well as more adventurous practices), this in-depth guide reveals the delicious worlds of ecstasy available to all, no matter one's gender, sexual preference, or erotic tastes. *Urban Tantra* expands the notions of pleasure and opens new heights of intimacy and sexual fulfillment.

Book Information

Print Length: 312 pages

Publisher: Ten Speed Press; 2 Revised edition (December 12, 2017)

Publication Date: December 12, 2017

Sold by: Digital Services LLC

Language: English

ASIN: B06XR1GJRT

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #227,219 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #64

in Books > Religion & Spirituality > New Age & Spirituality > Sacred Sexuality #438

in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Sex #552 in Kindle Store >

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